

Camp Friedenswald Family Camp and CME Encounters

We are trying something new - providing Continuing Medical Education (CME) for doctors, nurses, and other healthcare professionals during Family Camp III (July 24-28)! Why should you always have to leave your family behind to get professional credits? As we heal from the COVID crisis, we want to acknowledge our healthcare providers and offer care to the caregivers, incorporated into a great week of camp – for the whole family!

CME Workshop: Compassion Fatigue and Professional Resilience

Compassion fatigue stems from practitioners being so thoroughly immersed in client care and care management that attunement to their own needs is diminished. This long-term diminishment of seeing and meeting one's own legitimate needs leads to anxiety, exhaustion, and shut-down in the practitioner.

This week's CME will focus on slowing down to the speed of presence and self-attunement for each participant, with the goal of experiencing decompression and self-regulation at camp, as well as an increased capacity for self-care in the return to work life.

Each day's hour-long workshop will include a mix of theory, discussion, and practical application. This provides 4 CME's. An opportunity for an additional 4 CME comes through daily homework. This is highly recommended.

Amy-Marie Babcock (she/her) will be facilitating this series. Amy-Marie is a massage therapist and somatic educator with a Master of Divinity. She has a particular way of holding space for intellectual curiosity, emotional intelligence, spiritual probing, and the wisdom of the body.

This workshop has been approved at other venues, provided by CME Encounters. An application for 8 CME credits has been filed with the American Academy of Family Physicians. Determination of credit is pending. A minimum number of registrations is required for the CME program to be offered at Family Camp.

There is an extra charge of \$100 per ticket for an individual to get up to 8 CME credits, including 4 hours of in-person workshop, and 4 hours you can do at home. Register for our CME workshop here: <https://events.humanitix.com/familycamp3cme>

For more information on the workshop or CME credits, please contact Wendy Chappell at cme.encounter@gmail.com.

[Register](#) for Family Camp III. If you have questions about Family Camp, please contact Friedenswald staff at Program@Friedenswald.org.

