



## **Camper Covenant**

Grades 1-6

At Camp Friedenswald we want Camp to be a safe and sacred place for all children and youth. We know that sometimes feelings are hurt, people are left out or bullied, and that Camp can be a vulnerable place, away from what is familiar. Camp can involve taking risks in a new community.

**In order to help Camp be a safe place for everyone, we hope that parents will talk with their children and youth about: asking for help, speaking up when they see or experience something hurtful or confusing, and including others.** We have created this covenant as a way to shape conversations at home and in the cabin with the hopes that it will help make Camp a place where each person feels they belong.

### **During this week, I will:**

*BE MYSELF:* This means, I will join in the activities and try new things. I will try to be as friendly as I can to the others here. I will not bring anything here that might hurt another person or myself.

*BE THERE FOR OTHERS:* I will share and be honest with the others here. I will not pick on anyone or stand by while someone gets picked on. I will try to do something to help that person. I will use words that are respectful. I will take turns. I will not hit anyone if I get angry. I will respect the bodies, feelings, and personal space of everyone at camp. I will ask the adults here to help me, if I need help for any reason.

*TAKE CARE OF THE ENVIRONMENT:* I will treat the earth with respect, caring for plants and animals that I find and see. I will point out beauty to others and take time to notice it myself. I will clean up when it is needed. I will follow all safety rules. I will not leave Camp without permission.

*BE FRIENDLY TO ALL CHILDREN AND ADULTS HERE:* Outside of Camp there are people who are not nice to me and may not accept me. I will accept ALL people here. This is the time to reach out to each and every child I happen to meet, playing, learning and making memories together. I remember all the good times I have had with my friends. I think of the times I have been alone and a friendly invitation meant so much to me. That is why I will welcome and be friendly to all new people here.