

Winter Family Camp 2023

Friday

6:00	Settle In / Free Time
6:30	Pizza Supper
7:30	Gather in Cottonwood
-	Welcome/Announcements
-	Short Worship
8:30	Snack / Free Time / Self-led activities

Activities will be offered throughout the day on Saturday. Please sign up for the different activities at the table inside the dining hall. Children 6 & under should have an adult with them. Supplies for self-led activities will also be located on the table or in the cupboard across from the game room.

Kids Camp is for children ages 0-6 from 10:45-12:25 Saturday morning. Drop-off and pick-up will take place at the common area of **Sandhill Lodge**. *Make sure to fill out an info sheet about your child, located on the activities table.*

Tube Run & Sledding: You are welcome to sled at your own risk or use our tubes on the Tube Run. Children under 18 **MUST** be accompanied by an adult.

Saturday

8:30	Breakfast
9:30	Worship (Cottonwood)
10:45	Free Time / Activities A / Kids' Camp
12:00	Camp store (open 30 minutes)
12:30	Lunch
1:20	Free Time / Activities B
2:30	All-Camp Activity: Lament and photo
3:15	Snack
4:00	All-Camp Activities: (in two separate groups) -Collaborative Art Project (45 minutes) -Obstacle course (45 minutes)
5:30	Supper
6:30	Worship (Gather in Cottonwood then process to Mosquito Hollow)
7:30	Snack /Free Time
8:00	Night Hike

Sunday

8:30	Breakfast
10:00	Worship (Cottonwood)
11:30	Brunch
12:00	Camp Store (open 30 minutes)
1:00	Out of Lodging

All Camp Activities: *There are three thematically connected "All-Camp Activities" on Saturday. The first one, includes a time of lament where we will gather as one group around a fire with something to burn and then will spell a hopeful word together concluding by taking a picture of the word from above. The second two are done in two smaller groups and will switch after 45 minutes. One is a collaborative art project making fractals out of natural objects. The other is constructing an obstacle course as a team. Each team will then have the opportunity to compete in all of the other teams' obstacle courses.*



Please sign up for individual activities at the Dining Hall

Session A 10:45-11:45	Session B 1:20 - 2:20
KIDS CAMP (until 12:25)	<i>Snow Painting</i>
Guided Exploration	<i>Rec Activity (TBD)</i>
Adventures in Service	Oil Lantern Making
Great Backyard Bird Count	
<i>*Ski Shop & Tube Run</i>	<i>*Ski Shop & Tube Run</i>

**Italics - Weather Permitting*

Adventures in Service: Come to Cottonwood to hear from and talk with Service Adventure leaders about the counter cultural power of joining the mission of God in new communities. We'll talk, laugh, and of course, be ready for adventure! For all ages

Great Backyard Bird Count: Learn about this citizen science project and help add Camp birds to their national bird survey. The Great Backyard Bird Count is an inter-organizational effort between the Cornell Lab of Ornithology, National Audubon Society, and Birds Canada.

Guided Exploration: Explore the winter woods with Jane. More details will be shared at the time of the event as the plans are weather dependent.

Oil Lantern Making: Make an oil lantern using jars and vegetable oil.

Ski Shop: Visit the ski shop (near the amphitheater) to get equipped with cross-country skis and explore the trails on your own. (weather permitting)

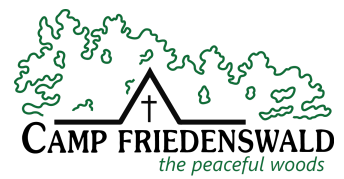
Snow Painting: Come to the front lawn of the Dining Hall and use colored water to make art in the snow! (weather permitting)

Tube Run: Visit the tube run located out by the South Cabin area to get your adrenaline rush for the weekend. (weather permitting).

Other self-led activities might include:

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| <ul style="list-style-type: none"> - Misc. outdoor sports such as volleyball, frisbee, spikeball, etc - Sledding/outdoor fun - Euchre Tournament (see activity table) - Board/Card Games (cupboard across from game room) | <ul style="list-style-type: none"> - Collaborative puzzles - Destination point hike (see activity table) - Scavenger hunts (see table outside DH) - Friendship bracelets (Arts and Crafts Room) |
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Feel free to ask Jane if you have any questions about other activities or supplies



Community Guidelines:

- **Respect:** Be respectful of self, others, nature, and the facilities around you.
- **Participation is optional:** It is entirely up to you and those in your family which activities you choose to attend. There are no attendance requirements at Family Camp.
- **Staying on Time:** If you do choose to attend scheduled events (and we hope you do!), please make sure your family shows up to activities on time (esp. Worship)
- **Snow rules:** Snow cannot be thrown anywhere near a building, and cannot be thrown at someone who isn't expecting it.
- **Tube Run:** An adult over the age of 18 must be present at all times. 2 people per tube, no trains, ONLY tubes on tube run, sleds on sled hill; if the tube run is closed, it is closed.

Covid Protocol

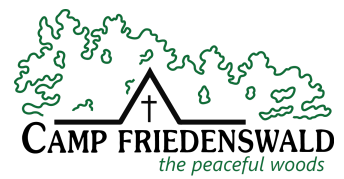
- We expect that all participants come to Camp healthy and do a self-screening prior to coming.

Emergencies

- ***If anyone in your group is injured or becomes sick while at camp, please let Camp Staff know ASAP!*** We have access to limited medical supplies and have maps to area medical facilities.
- ***If you need to communicate with someone on staff, please go to a phone and press the Purple Button.*** This calls the staff on our radios. You may use this in case of emergency in the middle of the night. There are phones in the lodges, and in the Dining Hall entryways. There is also a phone on the side of Dogwood cabin.
- Our general emergency signal is a continuous ringing of the bell (more than 30 seconds). ***If you hear the bell ringing and it doesn't stop, please bring your family up to the Dining Hall and begin accounting for everyone. Camp staff will also help with this.***

Questions or Clarifications

- Please feel free to ask us any questions you may have about the weekend. Thanks for all you do! We look forward to a great weekend of high energy and good times together.
- Feel free to contact Jane Litwiller (Program Director) @ 269-291-2864.



Packing List

What to bring to Camp Friedenswald:

- Masks (if preferred)
- Sleeping bag and pillow
- Toiletries (shampoo, soap, toothpaste, toothbrush, etc.)
- Reusable water bottle and thermos for hot drinks
- Towel and washcloth
- Clothes:
 - A couple of pairs of warm footwear. One would ideally be winter boots that are waterproof.
 - Lots of layers: Baselayers; wool socks; pants, sweatshirts, winter hats, gloves, and scarves; heavy winter jacket; snow pants
- Journal or Notebook
- Pen and/or pencil
- Bible
- Games you want to play together