

## Schedule

### Friday

6:00 - 8:00 Registration, move in  
8:00 - 9:00 Welcome - *Dining Hall*  
9:00 Snack  
9:00 Choir rehearsal (FMC women)

### Saturday

7:00 Polar Bear swim - Main Beach  
8:00 Morning prayers - *Amphitheater/Peaceful  
Grounds*  
8:30 Breakfast  
9:30 - 11:15 Morning Worship - *Chapel*  
11:15 Free time  
12:15 Lunch & Table Conversation  
1:30 - 2:30 Interest Groups - session 1  
2:45 - 3:45 Interest Groups - session 2  
4:00 - 6:00 Recreation & Free time  
6:00 Supper  
7:00 - 8:30 Evening worship - *Chapel*

### Sunday

7:00 Polar bear swim - *Main Beach*  
8:00 Continental breakfast  
8:30 Morning prayers - *Amphitheater/*  
9:30 - 11:00 Morning Worship - chapel  
11:30 - 1:00 Brunch, wrap-up

### Workshops - Session 1 - 1:30 - 2:30

Finding common ground; An activity to explore our diversity -  
Jill Schreiber - *Common Ground*  
Quilting/crafting/knitting corner: bring your own work/play

### Workshops - Session 2 - 2:45 - 3:45

Our Quilts Tell Stories - Cyneatha Millsaps - *Peaceful Grounds*  
Pontoon boat ride - *Main Beach*

### Recreation & Free Time

**4:00**

Black Women Rock & White Women Want To - *Chapel*  
Wagon ride - *meet at Dining Hall*

**5:00**

Ultimate frisbee - *Lower Flat*  
Pontoon boat ride - *Main Beach*  
Gentle Yoga - Bev Hertle - *Lakeview Lodge*

### “Retreat” options - on your own time

Peaceful Grounds - coffeeshop, open 7:45 - 9:30 a.m.  
Camp Store  
Nature Center  
Arts and Crafts room - access and supplies  
Hiking - map available  
Boating - canoes, kayaks available - contact staff  
Swimming - *Main Beach and Lakeview Beach*  
Napping  
Nature meditation - camp has map  
Jigsaw puzzle  
Ping-pong tourney - arrange individual matches